

Breakfast, Lunch, & Dinner



ACTIVITY MENU

PRE-LISTENING

One Title, Several Words – Many Possibilities
It Could Be / There Might Be
How Many Questions in a Minute

LISTENING

Mixed-Up Pictures
Listening Gap-Fill
Find the Mistakes

SINGING

Disappearing Song
Show Me The Word
Your Moves

POST-LISTENING

Speaking: What Do You Think?
Reading: Jigsaw Reading
Writing: Story Extensions



Breakfast, Lunch, & Dinner: Lyrics

by Kermit Ruffins
(4:03)

- 1 I wish I had a million dollars
I'd go out and buy some chocolate flowers
I'd be eating ice cream for hours
If I had a million dollars
- 5 I wish I had my own sweets shop
I'd be eating taffy and lollipops
Maybe drink a six-pack of soda pop
If I had my very own sweets shop
- 9 Y'all better eat your breakfast and eat your lunch and eat your dinner too
No more candy, no more cake, nothing but some good soul food
- 11 We don't need no breakfast lunch or dinner
We can't wait for Halloween and Easter
We're gonna have a candy fiesta
We don't need no breakfast lunch or dinner
- 15 I wish I had a million dollars
I'd go out and buy some chocolate flowers
I'd be eating ice cream for hours
If I had a million dollars
- 19 I wish I had my own sweets shop
I'd be eating taffy and lollipops
Maybe drink a six-pack of soda pop
If I had my very own sweets shop
- 23 Now clean that room and wash them hands and sit right down for dinner
Eat them potatoes and eat them chops now that's what I'm talking about
- 25 We don't need no breakfast lunch or dinner
We can't wait for Halloween and Easter
We're gonna have a candy fiesta
- 28 We don't need no breakfast lunch or dinner (repeats)
(oh yes you do)
(oh y'all gonna eat them breakfast)
(oh come on)
(I'm not playing no come here)
(stop it, stop it)
(don't make me come in that door)
(stop playing with me)



Pre-listening Activities: Choose one or two of the activities below.

One Title, Several Words – Many Possibilities

Purpose: To predict the content of the song; to generate interest in the song; to introduce vocabulary from the song.

Level: All **Time:** 15 – 20 minutes, plus the length of the song (4:03)

Preparation and Materials: Write the title of the song on the board. Prepare a copy of the five pictures for the following words: *chocolate, lollipops, soda pop, cake, ice cream*

Instructions: Tell students that the line on the board is the title of a song they will listen to. Ask students to guess what the song is about. Write the ideas on the board. After the initial round of predictions, hang the pictures on the board and have students make new predictions. Write any new ideas on the board. After listening to the song, ask the students to check if their predictions were correct.

It Could Be / There Might Be

Purpose: To generate interest in the song; to activate background knowledge about the topic; to introduce vocabulary from the song.

Level: Level 2 and above **Time:** 10 – 15 minutes

Preparation and Materials: Hang the large picture of a traditional American breakfast on the board. Cover the picture with 5 or 6 strips of plain paper so that students cannot see the picture.

Instructions: Divide the students into pairs. Tell students you will show them only part of the picture and they should try to guess what the picture is about. Remove one strip of paper so that only one part of the picture is revealed. Ask students to describe what they see and ask them to guess what else might be in the picture. Continue to remove strips of paper and have students predict what the picture is about. Once all of the strips have been removed, ask students to discuss if their predictions were correct.

How Many Questions in a Minute

Purpose: To generate interest in the song; to activate background knowledge about the topic; to introduce vocabulary from the song; to ask and answer questions.

Level: Level 3 and above **Time:** 15 – 20 minutes

Preparation and Materials: Hang the large picture of the food pyramid on the board.

Instructions: Divide the students into small groups of three. Assign a different role/task to each group member. The Questioner asks as many questions about the picture as possible in three minutes. The Answerer answers the questions. The Counter counts how many questions were asked during the time limit. After they have finished, students should switch roles until every student has a chance to play each role.



Breakfast, Lunch & Dinner: One Title, Several Words – Many Possibilities



cake





lollipops





chocolate





soda pop





ice cream



Breakfast, Lunch & Dinner: It Could Be / There Might Be



Breakfast, Lunch & Dinner: How Many Questions in a Minute?



Listening Activities: Choose one of the listening activities below.

Mixed-Up Pictures

Purpose: To listen for specific words.

Level: All **Time:** 15 – 20 minutes (to play the song 2 – 3 times)

Preparation and Materials: Make a copy of the pictures for each group of students and cut them apart. Answer key: page 20.

Instructions: Divide students into groups and give each group a set of pictures. Have the students write the numbers 1 to 8 on a piece of paper. Have students listen to the song and decide which picture was mentioned first, second, third, and so on. They should write the correct letter next to the number on their paper. Play the song two or three times so that most of the students can order the pictures correctly. Check answers using the answer key.

Listening Gap-Fill

Purpose: To listen for details.

Level: Level 2 and above **Time:** 20 – 25 minutes (to play the song 2 – 3 times)

Preparation and Materials: Make a copy of the gap-fill handout for each student. Answer key: see lyrics.

Instructions: Give each student a handout. Have the students guess the missing words before listening to the song and write their guesses in the blank spaces. Then listen to the song and have students check their guesses with the song and compare their answers with a partner. Play the song two times so everyone can double-check their answers.

Find the Mistakes

Purpose: To listen for details; to listen for specific words or phrases.

Level: Level 2 and above **Time:** 10 – 15 minutes (to play the first 10 lines of the song 3 – 4 times)

Preparation and Materials: Make a copy of the Find the Mistakes handout for each group of students. Answer key: see lyrics.

Instructions: Divide students into small groups of three. Tell students there are several mistakes in the handout and when they find a mistake they should fix it by writing the correct word. Give the students a couple of minutes to read through the handout. Then play the first part of the song (lines 1 – 10, 0:00 – 1:37) two or three times. Play the song once more to check the answers.



Breakfast, Lunch & Dinner: Mixed-Up Pictures



A. cake



C. buy



E. lollipops



G. drink



B. soda pop



D. Halloween



F. ice cream



H. chocolate



Breakfast, Lunch & Dinner: Listening Gap-Fill

Directions: First, read through these song lyrics and guess what the missing words might be. Write your guesses in the blanks. Second, as you listen to the song, correct what you have written or fill in any missing words.

I wish I had a million (1) _____

I'd go out and buy some (2) _____ flowers

I'd be eating (3) _____ for hours

If I had a (4) _____ dollars

I wish I had my own (5) _____ shop

I'd be (6) _____ taffy and lollipops

Maybe drink a six-pack of (7) _____

If I had my very own (8) _____ shop

Y'all better eat your breakfast and eat your lunch and eat your dinner too

No more (9) _____, no more (10) _____

nothing but some good soul (11) _____

We don't need no (12) _____, (13) _____ or

(14) _____

We can't wait for Halloween and Easter

We're gonna have a candy fiesta

We don't need no (15) _____, (16) _____ or

(17) _____



Breakfast, Lunch & Dinner: Find the Mistakes

Directions: As you listen to the first part of the song, read the lyrics below. Find and correct all of the mistakes in the lyrics.

- 1 I hope I had a million dollars
I'd get out and buy some candy flowers
I'd be eating ice cream in hours
If I had a thousand dollars
- 5 I wish I have my own sweets shop
I be eating taffy and chocolate
Maybe eat a six-pack of orange juice
If I had my very own fast food shop
- 9 Y'all better drink your milk and eat your lunch and eat your dessert too
No more sweets, no more cookies nothing but some good soul food



Singing Activities: Choose one of the singing activities below.

Disappearing Song

Purpose: To practice pronunciation and intonation; to recall words and phrases.

Level: Level 2 and above **Time:** 25 – 30 minutes (to sing the song 4 times)

Preparation and Materials: Write the song lyrics on the board.

Instructions: Practice singing the song through once. Erase 10% of the lyrics, drawing a line under each missing word. Sing through the song again, filling in the missing words aloud. Continue erasing 10% each time until only 50% of the lyrics are left. Sing through one last time.

Show Me the Word

Purpose: To make print and sound connections; to learn vocabulary from the song.

Level: Level 2 and above **Time:** 20 – 30 minutes

Preparation and Materials: Prepare pieces of paper or cards for students to write words on. Write the following words on the board in random order: *dollars, chocolate, ice cream, flowers, sweets shop, taffy, lollipops, soda pop, candy, million, eating, breakfast, lunch, dinner, eat, need, drink, fiesta.*

Instructions: Break the class into small groups and distribute 18 pieces of paper or cards to each group. Students will divide the paper among themselves evenly and write the 18 words and phrases on their paper or cards. Once students are done and are still sitting in their groups, play the song through and have students sing and raise their cards when they come across that word or phrase in the song. To make this competitive, have one student be the judge and watch students to make sure they are raising the correct card.

Your Moves

Purpose: To learn vocabulary from the song; to represent word meanings with actions.

Level: All **Time:** 30 – 40 minutes (depending on how many groups will perform)

Preparation and Materials: Make a copy of the song lyrics for each student, or write the lyrics on the board. Circle the following words and phrases each time they appear in the lyrics:

I wish eat/eating million dollars no more buy drink

Instructions: Divide students into small groups and have each group create their own action for the target words and phrases. Have the groups practice the action with the song several times so they can remember them. Ask each group to perform their version of the song, and let the class vote on the best performance.



Post-Listening Activities: Choose one or two of the activities below.

Speaking: What Do You Think?

Purpose: To ask and answer questions; to summarize and present information.

Level: Level 3 and above **Time:** 40 – 50 minutes (may be split up into several class sessions)

Preparation and Materials: Pre-teach the ideas of surveys and results: the purpose of a survey, types of questions, how to calculate and present results.

Instructions: Divide the students into small groups. Each group will write 5 questions based on the song, each student needs a copy of the questions. Then each student will ask 4 or 5 other students to answer the questions and write down the answers. Next, students will return to their original groups and present their findings to the class. Possible survey topics include:

1. *foods you like to eat at breakfast, lunch, and dinner*
2. *healthy and unhealthy foods*
3. *foods you like to eat when you sad or upset (“comfort” foods)*

Reading: Jigsaw Reading

Purpose: To summarize information presented in texts; to speak and listen in order to present information; to practice note-taking; to collaborate in a team.

Level: Level 2 and above **Time:** 50 – 60 minutes (may be split into several class sessions)

Preparation and Materials: Make a copy of the note-taking form for each student. Make copies of the paragraphs for each group.

Instructions: Divide students into 3 groups. Each group will read a paragraph and write summary notes. Then they will form new groups and explain their paragraph to a new group. The teacher should take the copies of the paragraphs away so the students must use their notes. After completing the activity, have students discuss the following questions:

1. *What do you typically eat for breakfast, lunch, and dinner? It is different from what Americans eat?*
2. *If you had a million dollars, what would you eat for these meals?*

Writing: Story Extensions

Purpose: To write creative narratives.

Level: Level 2 and above **Time:** 40 – 50 minutes (may be split up into several class sessions)

Preparation and Materials: Make a copy of the song lyrics for each group of students, or write them on the board.

Instructions: Divide the class into groups. Tell the students to write a narrative about the songwriter or the singer of the song. After the students have finished their narrative, have the groups present their narratives to the class.



American Breakfast, Lunch, and Dinner

The song *Breakfast, Lunch, and Dinner* is about children who want to eat candy, cake, lollipops, and ice cream instead of having breakfast, lunch, or dinner. Since most Americans do not have a “candy **fiesta**¹” for their meals, here is a look at typical American breakfast, lunch, and dinner.

Breakfast is usually eaten between 6 o'clock and 9 o'clock in the morning, before students go to school and before adults go to work. Many American children drink orange juice and eat cereal with milk. Adults like to drink coffee or tea in the morning. Another popular breakfast food is **toast**² with butter or jam. Other popular foods are oatmeal, fruit, yogurt, eggs, bacon, sausages, **French toast**³, **waffles**⁴, and of course, pancakes. Pancakes are a type of sweet bread cooked in a pan on the stove. They are round and flat. Pancakes are especially delicious with butter and maple syrup.



Lunch is eaten between 11 o'clock in the morning and 1 o'clock in the afternoon. Most students eat lunch at school, and either bring their lunch from home or eat at the school cafeteria. Many students bring sandwiches. Peanut butter and jelly sandwiches are very common among children, but sandwiches with cheese, sliced meat (such as turkey or ham), lettuce, **mayonnaise**⁵, and **mustard**⁶, are also common. Most adults eat at work or go out to a restaurant. Some adults bring leftovers to work for lunch – extra

food from dinner the night before.

Dinner is usually eaten between 5 o'clock and 8 o'clock in the evening. Because many people from around the world have immigrated to the United States in the past 200 years, there is not really one type of American food. Many types of food from all around the world are popular in the United States, such as Chinese food, Italian food, Japanese food, and Mexican food. All of these foods are an important part of the American diet. When the weather is warm, Americans like to grill **hamburgers**⁷, **hot dogs**⁸, and other types of meat for a barbecue. Soups and **stews**⁹ are also popular in the winter.



What do you typically eat for breakfast, lunch, and dinner? Is it different from what Americans eat? And if you had a million dollars, what would you eat for these meals?

¹ **fiesta** The Spanish word for “party”

² **toast** a slice of bread that has been browned and “toasted” by heat

³ **French toast** a slice of bread dipped in an egg batter and then cooked in a pan, usually eaten with a sweet syrup

⁴ **waffles** a sweet batter that is cooked in a special grill to make it crispy, usually eaten with a sweet syrup

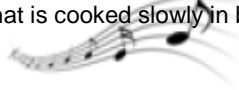
⁵ **mayonnaise** a thick, white sauce made of eggs and oil that is often put on sandwiches

⁶ **mustard** a yellow sauce made out of crushed seeds that is often put on sandwiches

⁷ **hamburger** a round, flat patty made out of ground beef that is grilled and eaten on a round bun

⁸ **hot dog** a type of sausage made from ground meat and eaten on a long bun

⁹ **stew** a dish made of meat and vegetables that is cooked slowly in broth or another liquid



Breakfast, Lunch & Dinner: Jigsaw Reading

Breakfast

Label: _____

Breakfast is usually eaten between 6 o'clock and 9 o'clock in the morning, before students go to school and before adults go to work. Many American children drink orange juice and eat cereal with milk. Adults like to drink coffee or tea in the morning. Another popular breakfast food is **toast**¹ with butter or jam. Other popular foods are oatmeal, fruit, yogurt, eggs, bacon, sausages, **French toast**², **waffles**³, and of course, pancakes. Pancakes are a type of sweet bread cooked in a pan on the stove. They are round and flat. Pancakes are especially delicious with butter and maple syrup.

¹ **toast** a slice of bread that has been browned and "toasted" by heat

² **French toast** a slice of bread dipped in an egg batter and then cooked in a pan, usually eaten with a sweet syrup

³ **waffles** a sweet batter that is cooked in a special grill to make it crispy, usually eaten with a sweet syrup



Lunch

Label: _____

Lunch is eaten between 11 o'clock in the morning and 1 o'clock in the afternoon. Most students eat lunch at school, and either bring their lunch from home or eat at the school cafeteria. Many students bring sandwiches. Peanut butter and jelly sandwiches are very common among young children (and many adults!), but sandwiches with cheese, sliced meat (such as turkey or ham), lettuce, **mayonnaise**¹, and **mustard**², are also common. Most adults eat at work or go out to a restaurant. Some adults bring leftovers to work for lunch – extra food from dinner the night before.

¹ **mayonnaise** a thick, white sauce made of eggs and oil that is often put on sandwiches

² **mustard** a yellow sauce made out of crushed seeds that is often put on sandwiches



Dinner

Label: _____

Dinner is usually eaten between 5 o'clock and 8 o'clock in the evening. Because many people from around the world have immigrated to the United States in the past 200 years, there is not really one type of American food. Many types of food from all around the world are popular in the United States, such as Chinese food, Italian food, Japanese food, and Mexican food. All of these foods are an important part of the American diet. When the weather is warm, Americans like to grill **hamburgers**¹, **hot dogs**², and other types of meat for a barbecue. Soups and **stews**³ are also popular in the winter

¹ **hamburger** a round, flat patty made out of ground beef that is grilled and eaten on a round bun

² **hot dog** a type of sausage made from ground meat and shaped like a tube and eaten on a long bun

³ **stew** a dish made of meat and vegetables that is cooked slowly in broth or another liquid



Note-taking Form

Paragraph 1: Breakfast

Paragraph 2: Lunch

Paragraph 3: Dinner



Breakfast Lunch and Dinner: Answer Keys

Mixed-Up Pictures: Answer Key

1. C. buy
2. H. chocolate
3. F. ice cream
4. E. lollipops
5. G. drink
6. B. soda pop
7. A. cake
8. D. Halloween

Listening Gap-Fill: Answer Key

I wish I had a million (1) dollars
I'd go out and buy some (2) chocolate flowers
I'd be eating (3) ice cream for hours
If I had a (4) million dollars

I wish I had my own (5) sweets shop
I'd be (6) eating taffy and lollipops
Maybe drink a six-pack of (7) soda pop
If I had my very own (8) sweets shop

Y'all better eat your breakfast and eat your lunch and eat your dinner too
No more (9) candy, no more (10) cake
nothing but some good soul (11) food

We don't need no (12) breakfast, (13) lunch or
(14) dinner
We can't wait for Halloween and Easter
We're gonna have a candy fiesta
We don't need no (15) breakfast, (16) lunch or
(17) dinner

Find the Mistakes: Answer Key

- 1 I ~~hope~~ **wish** I had a million dollars
I'd ~~get~~ **go** out and buy some ~~candy~~ **chocolate** flowers
I'd be eating ice cream ~~in~~ **for** hours
If I had a ~~thousand~~ **million** dollars
- 5 I wish I ~~have~~ **had** my own sweets shop
I'd be eating taffy and ~~chocolate~~ **lollipops**
Maybe ~~eat~~ **drink** a six-pack of ~~orange juice~~ **soda pop**
If I had my very own ~~fast food~~ **sweets** shop
- 9 Y'all better ~~drink~~ **eat** your milk ~~breakfast~~ and eat your lunch and eat your ~~dessert~~ **dinner** too
No more ~~sweets~~ **candy**, no more ~~cookies~~ **cake** nothing but some good soul food

